

Town of Atherton



Proclamation

RECOGNIZING MAY 2021 AS MENTAL HEALTH MONTH

WHEREAS, mental health and freedom from substance use issues is fundamental to the overall health and well-being of all community members in San Mateo County, regardless of gender, race, ethnicity, sexual orientation, religion, or economic status; and

WHEREAS, mental health and substance use conditions affects one in four adults in the United States in 2019; estimates suggest that one in four adults with a mental health condition are not receiving the help they need; and

WHEREAS, mental health and substance use conditions are as treatable as other health conditions, and people who have mental health and substance use issues can recover and lead full, productive lives; and

WHEREAS, stigma prevents many from seeking services and support; education and contact with those sharing stories of hope and recovery are key to reducing this stigma; and

WHEREAS, the 2021 May Mental Health Month (MHM) focuses on the theme #HopeForChange; the past year has brought unanticipated changes – leaving us to face these challenges and transform. #HopeForChange reminds us to spread hope and rely on the hope that carried us through a year of change.

WHEREAS, the San Mateo County MHM Planning Committee and partners have organized over 31 free virtual events that feature open mic, music, art, films, pets, children stories, speaker panels and more!

WHEREAS, San Mateo County Behavioral Health and Recovery Services staff, community partners and clients/consumers and family members dedicate themselves to promoting wellness, resilience, recovery, inclusion, and equity around mental health and substance use conditions and issues.

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of the County of San Mateo, State of California, hereby designates the month of May 2021 as Mental Health Month and calls upon the community members and partners to recommit to reducing stigma and promoting wellness around mental health and substance use issues in San Mateo County.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal of the Town of Atherton to be affixed this 19th day of May 2021.

Elizabeth Lewis, Mayor

Town of Atherton



Proclamation

RECOGNIZING JUNE 2021 AS PRIDE MONTH

WHEREAS, the City Council of the Town of Atherton recognizes and proclaims the month of June 2021 as Lesbian, Gay, Bisexual, Transgender and Queer (LGBTQ) "Pride Month" throughout the Town of Atherton; and

WHEREAS, Town of Atherton joins the County of San Mateo to observe Pride Month with a Pride flag raising ceremony to honor the history of the LGBTQ liberation movement and to support the rights of all citizens to experience equality and freedom from discrimination; and

WHEREAS, the rainbow flag is widely recognized as a symbol of pride, inclusion, and support for social movements that advocate for LGBTQ people in society; and

WHEREAS, all human beings are born free and equal in dignity and rights. LGBTQ individuals have had immeasurable impact to the cultural, civic and economic successes of our country; and

WHEREAS, the Town of Atherton is committed to supporting visibility, dignity and equality for LGBTQ people in our diverse community; and

WHEREAS, while society at large increasingly supports LGBTQ equality, it is essential to acknowledge that the need for education and awareness remains vital to end discrimination and prejudice; and

WHEREAS, this nation was founded on the principle that every individual has infinite dignity and worth, and the City Council calls upon the people of this municipality to embrace this principle and work to eliminate prejudice everywhere it exists; and

WHEREAS, celebrating Pride Month influences awareness and provides support and advocacy for San Mateo County's LGBTQ community, and is an opportunity to take action and engage in dialogue to strengthen alliances, build acceptance and advance equal rights.

NOW, THEREFORE BE IT RESOLVED that City Council hereby proclaims the month of June 2021 as Pride Month in support of the LGBTQ community.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal of the Town of Atherton to be affixed this 19th day of May 2021.

Elizabeth Lewis, Mayor